

Cystic Fibrosis Service

St. Vincent's Hospital, Dublin

What clinics are there and when are they on?

The following clinics are currently held:

Monday Clinic 11.45am - 2.00pm

Tuesday Clinic 3.00pm - 5.00pm

There is a Non-Pseudomonas clinic once a month. Dates vary annually.

Note: All patients are segregated in individual rooms during clinic reviews.

How do I get to the clinic?

The out-patient clinic is located in Suite 3 on the 1st Floor of the ADCC (Ambulatory Day Care Centre). As you enter the main door of the hospital you will come to a reception desk. Take either the lift (opposite the reception desk) or the stairs located behind the reception desk to the 1st Floor and Suite 3 is located here. Follow the signposts. And remember if you get lost you can always ask a member of staff.

St. Christopher's Day Ward is located on the 1st Floor of the Nutley Wing. On entering the main hospital walk straight in past the reception desk until you come to the centre-point of the main hospital. Take the right turn and continue down this corridor until you come to the signage on the left hand side for the Nutley Wing. On entering the Nutley wing take the lift to the 1st Floor (or the stairs if you prefer). If the reception desk is unattended press the bell on the wall to the left of the reception desk.

St. Christopher's In-patient Ward is located on the 2nd Floor of the Nutley Wing.

Click on the following link to view the hospital plan.

http://www.stvincents.ie/documents/sv_hospital_plan.pdf

What facilities are in the hospital?

Ward Facilities

St. Vincent's University Hospital incorporates The National Centre for Adult Cystic Fibrosis. This consists of St. Christopher's In-Patient Ward which houses 20 single en-suite rooms and St. Christopher's Day Ward which houses 10 single en-suite rooms. All rooms have television and internet facilities. These areas are solely for the provision of care for adults with cystic fibrosis.

Other Facilities

There is a restaurant situated on the ground floor, a coffee shop in the atrium beside the main reception desk and a coffee shop in the main hall which is open to visitors.

Opening Hours are:

Monday - Sunday 07.15am – 12.30pm (Reserved for staff lunch breaks)
1.45pm – 6.30pm (Closed to visitors after 5.30pm)

Coffee Shop (Atrium)

Monday - Friday 08.00am – 7.30pm
Saturday - Sunday 09.00am – 6.00pm

Coffee Shop (Main Hall)

A coffee shop/sandwich bar with eat-in and take-away facilities.

Monday - Friday	07.45am - 7.30pm
Saturday	09.00am - 7.30pm
Sunday	09.30am - 7.30pm

Hospital Shop

There are two hospital shops on the ground floor, one located in the atrium reception area and the second in the main hall. They sell a variety of items including newspapers, magazines, books, sweets and fruit.

Opening hours: 08.00am- 8.00pm

Banking: An ATM is located in the main hall of the hospital opposite the coffee shop.

Chapel: There is an oratory situated in the foyer of the hospital near to the shop. It is open at all times and all are welcome to use it for private prayer. A chapel is located on the ground floor towards the Nutley Wing.

Is it possible to visit the clinic and/or meet the staff before my first visit?

A visit to the cystic fibrosis centre can be arranged through the CF Clinical Nurse Specialist (CNS) in the paediatric hospital. She/he will liaise with the CNS at St. Vincent's University Hospital and a specific time for a visit will be arranged. Due to the importance of infection control it is important to adhere to specific appointments.

What will happen and who will I see on my first visit?

On the first clinic visit to St. Vincent's University Hospital the young person will meet the CF Consultant, the Clinical Nurse Specialist, the Dietician, the Physiotherapist, the Psychologist and the Social Worker. The young person's lung function (spirometry) will be carried out by the CNS. An Annual Assessment Review will be arranged for approx. 6-8 weeks after your first visit. On this day the young person will attend the Day Ward where they will have blood tests and diagnostic tests carried out. Also a detailed review by the members of the multi disciplinary team will take place. This will be discussed in greater detail during the first visit.

Will the new hospital have all my notes?

Yes, a detailed portfolio from the consultant and the multidisciplinary team is sent from the paediatric hospital to the adult hospital. When possible, the Consultant and Clinical Nurse Specialist from St. Vincent's University Hospital will have attended a clinic in the paediatric hospital before care is transferred to the adult centre. Helpful information to bring to the 1st visit include: personal and next of kin contact details, GP contact information and pharmacy details.

How often will I need to attend the clinic?

Every 3 months if the young person's health status is stable.
One of these visits will include the Annual Assessment Review.

Will I see the same staff at each visit?

There is a large specialised multidisciplinary team so the young person may see different staff members at different visits. Any changes in your condition or treatment will be discussed with a Consultant.

On a typical day, how long will my visit to the clinic last?

This varies depending on individual need. Usually the out-patient clinic visit will be 2 hours.
The Annual Assessment Review is currently: 08.30am- 2.30pm (subject to change).

How are appointments scheduled and rescheduled?

When the clinic visit is finished the doctor will inform the young person when they need to schedule their next appointment. A slip of paper will be given to them stating this. On their departure they should hand the slip to the secretary at the desk and a new appointment can be booked. To rearrange an appointment, one of the secretaries can be contacted, details of which will be given when the young person attends St. Vincent's University Hospital. **Also the hospital would be grateful if you cannot attend an appointment that you cancel it as early as possible. It is better to cancel than not attend.**

If I have questions about the transition, who should I contact and how?

Ms. Sue Kearns, CF Clinical Nurse Specialist.

CF Nurses Office: 01-2214684 or Main hospital No. 01-2214000 & ask for Bleep 514

Email: s.kearns@svuh.ie; cfnurses@svuh.ie

Is there anything else I need to know?

The Multidisciplinary team at The National Referral Centre for Adult Cystic Fibrosis at St. Vincent's University Hospital have many years' experience with young people with cystic fibrosis and their families moving from paediatric to adult centres. We fully appreciate that this can be an anxious time. We encourage the young person and their families to voice any concerns that they may have so that the transition of care is as smooth as possible.

Thank you!