

**The questions set out here are examples of the kinds of questions that you could ask. They are based on the questions that other young people said they wanted to ask before and after they made their transition.**

### **Questions About The Transition to Adult Health Care Services**

- Why do I have to move to adult health care services?
- When do you think I will be moving?
- Which hospital/clinic will I be moving to?
- Will the new hospital have all my medical notes?
- Who is responsible for organising my transition?
- If I get ill before my first visit to the adult clinic, where should I go?
- Who will be my new consultant?
- Can I visit the new adult hospital/clinic before I have my first visit?
- How long will I have to wait for my first visit?
- Where is the clinic located in the hospital?
- Can I bring a parent/guardian or a friend with me for my first appointment in the adult clinic?
- What will happen and who will I see on my first visit?
- Will I see the same health care staff at each visit?
- What kind of waiting times can I expect at the adult clinic?
- What medications and/or treatments are available in the adult clinic?
- What are the hospital's/clinic's policies on home treatments?
- If I become an in-patient, how will that experience be different from the children's hospital?

**Note:** Answers to some of these questions can be found on the SteppingUp website.